

A Chemical Analysis of Select Trace Elements in Synthetic Sea Salts and Natural Seawater

Dr. Timothy A. Hovanec and Jennifer L. Coshland

Introduction

Chemical elements in seawater are commonly grouped into three general categories: major, minor and trace. Pilson (1998) defines the major elements, of which there are eleven, as those that occur in concentrations greater than 1 ppm (1 mg/kg), admittedly an arbitrary value (Table 1). The distinction between minor and trace elements is even more arbitrary and different authors will use different concentrations for the dividing line. Morel and Price (2003) define trace as $<0.1 \mu\text{M}$ while Kennish (1994) states that the average concentration of 22 trace elements ranged between 0.05 and $50 \mu\text{mol/kg}$. Table 2 lists some common trace elements, their mean concentration in the ocean.

An important difference between major and minor or trace elements is that higher concentrations for many minor or trace elements may be toxic to much life in the ocean at various trophic levels and/or life stages. This can be especially important when maintaining aquatic life in closed aquatic systems such as aquaria. Paradoxically, however, many of these "toxic" trace elements are also required nutrients.

Another phenomena which must be considered when discussing trace elements in seawater is the interaction of some elements with particles in the water column. For instance, trace elements such as Al, Co, Pb and Mn have strong interaction with particles, which results in short residence times in the water column as the particles sink into deeper water which makes them less toxic. (Kremling et. al. 1999).

Unfortunately, no research exists on the potentially positive or negative effects of low amounts of various trace elements in aquaria. Indeed, for many years several manufacturers of synthetic sea salts, in order to provide a complete formula, added or separately provided trace elements to their basic formula (Anonymous 1985, 1990). In recent years, however, this practice has nearly stopped as it was realized that many trace elements are naturally present in low quantities in the major chemical compounds, such as sodium chloride, magnesium chloride and sodium sulfate, used to make synthetic sea salts.

However, concern still exists among hobbyists as to whether the use of synthetic sea salts versus natural seawater for marine aquaria results in the continued deleterious introduction of high levels of trace elements to the aquarium. In this study, we analyzed the concentration of several trace elements in synthetic sea salts developed for marine aquaria and compared the results to natural seawater from the coast of California to determine if there were significant trace element differences between these two sources of seawater for aquaria.



Synthetic sea salt

Materials and Methods

A natural seawater sample was collected from the surf zone of the Pacific Ocean at Malibu State Beach, CA in a pre-cleaned, acid washed bottle. The sample was stored in a cooler and transported to the laboratory. Salinity was determined with a refractometer.

All the synthetic sea salts for this study were purchased from commercial sources except Instant Ocean and Reef Crystals which were obtained from stock at Marineland. Enough of each salt was weighed out to obtain a salinity of 33 ppt to match the salinity of the natural seawater sample. Samples were diluted with deionized water. All samples were coded so that the brand would not be apparent to the analysts. Samples, including deionized water, were transported to West Coast Analytical Services, Inc., Santa Fe Spring, CA in a cooler with ice for analysis.

Samples were analyzed for eleven elements (Al, Sb, Be, Cd, Co, Pb, Mn, Mo, Ag, Tl and Zn) via Inductively Coupled Plasma - Mass Spectrometry (ICP-MS) without further treatment. Another four elements (Cr, Cu, Ni and V) were analyzed by ICP-MS/DRC (Dynamic Reaction Cell). All the samples except OSS were analyzed at the same time. OSS was analyzed at a later date due to its unavailability until that time. During both sample runs, quality control samples were run in parallel on the deionized water used to make-up the synthetic seawater and on fortified laboratory blanks.

Results

Table 3 presents the results of the analysis of fifteen trace elements for eight brands of synthetic sea salts (SSS): Instant Ocean (IO), BioSea Marine Mix (BSMM), Crystal Seas Marine Mix Bioassay (CSMMB), Coralife (CL), Tropic Marin (TM), Reef Crystals (RC), Red Sea (RS) and Oceanic Sea Salt (OSS). Also presented in Table 3 are the data for a natural seawater product for use in marine aquaria, Catalina Water Company (CWC), and natural seawater (NSW-M). The detection limit (DL) for each element and mean published values for the concentration of the elements in seawater are also presented (Table 3).

Examining the results by each element shows that for three elements (Be, Co, and Cu) no sample had concentrations above the detection limit (DL). Another two elements (Ag and Tl) were found only in OSS at values close to (Ag) or just under the DL (Tl). Therefore, these five elements are not considered further, leaving ten elements for discussion.

Aluminum (Al) was detected in only two samples: NSW-M at a concentration of 20 ppb and one SSS, CSMMB with a level of 10 ppb (Fig. 1). Four samples were found to contain levels of zinc (Zn) above the detection limit. CWC had a zinc concentration of 21 ppb which was 4 to 7 times greater than the three SSS (TM, RS and CL) found to contain Zn (Table 3) (Fig. 1).

Detectable amounts of lead (Pb) were found in all treatments except NSW-M, IO and RC (Fig. 1). CWC had the highest level of Pb at 39 ppb. CSMMB and OSS were next highest at 1.7 to 1.8 ppb Pb, respectively (Fig. 1). The remaining SSS had Pb values ranging from 0.37 to 0.82 ppb (Fig. 1).

Chromium (Cr) was detected in six of the eight SSS samples ranging from a high of 27 ppb in BSMM to 0.29 ppb in IO (Fig. 1).

All the SSS, except CL, were found to contain antimony but many were at levels near or below NSW-M (0.36 ppb). BSMM had the highest value at 3.5 ppb followed by CSMMB (1.4 ppb) (Fig. 2). Cadmium was found only in TM (0.31 ppb) and BSMM (0.24 ppb). Four SSS samples were also found to contain measurable levels of vanadium though the amounts were less than that for NSW-M which at 2 ppb equaled the published average value for seawater (Table 2).

The remaining elements (Mn, Mo and Ni) were detected in all the samples tested except Mo was not detected in CWC (Fig. 3). For these three elements, the general pattern is the same. BSMM had levels of each element that were 4 to 32 times higher than the next highest sample. For two of the elements (Mn and Ni) CSMMB was that next highest sample; for Mo the second highest SSS was TM. Of all the trace elements assayed, Mo is the one highest in natural seawater at an average of 10 ppb. The values for NSW-M (13.4

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Element	Concentration (g/kg)	Element	Concentration (g/kg)
Sodium (Na+)*	10.781	Chloride (Cl-)*	19.353
Magnesium (Mg++)*	1.284	Sulfate (SO4--)*	2.712
Calcium (Ca++)	0.4119	Bicarbonate (HCO3-)	0.126
Potassium (K+)*	0.399	Bromide (Br-)*	0.0673
Strontium (Sr+)	0.00794	Boric Acid (H3BO3)	0.0257
		Fluoride (F-)*	0.00130

*For these chemicals there is no evidence that their concentration varies within any of the major ocean water masses (Pilson 1998).

ppb) and CWC (11.4 ppb) were close to the average seawater value. All the SSS tested, except BSMM, contained less than 10 ppb Mo. BSMM had a MO concentration of 87 ppb Mo. TM was closest to the NSW average with a Mo value of 9 ppb.

Determined values for Mn in the SSS ranged from a low of 7.5 ppb in TM to a high of 135 ppb in BSMM with the remaining SSS having values between 22 and 35 ppb. NSW-M was found to contain 8 ppb Mn while Mn was undetectable in CWC.

Nickel was the only trace element, besides Mn and Mo, that was detected in every sample. Nickel was lowest in the OSS sample (0.37 ppb) which is lower than the average of NSW (0.47 ppb) followed by CWC and NSW-M. BSMM had the highest amount of Ni at 108 ppb. CL and CSMMB were the next highest SSS at 3.3-3.4 ppb. The rest of the SSS had Ni values ranging from 1.1 to 2.2 ppb.

When considering the results from the standpoint of the total amount of trace elements determined, the samples fall roughly into two groups with values below that of the natural seawater sample and then three samples with values higher or much higher than natural seawater (Fig. 4, Table 3). The first group, consisting of TM, IO and RC, had total measured values ranging from 25 to 32.4 ppb and were the lowest tested. The second group, with values ranging from 39 to 44 ppb, included OSS, RS and CL and was close to the value determined for NSW-M of 44.68 ppb. Two SSS and CWC had total trace elements values greater than NSW-M. CSMMB had a total value of 58.21 while BSMM concentration was 361.31 ppb. CWC fell in

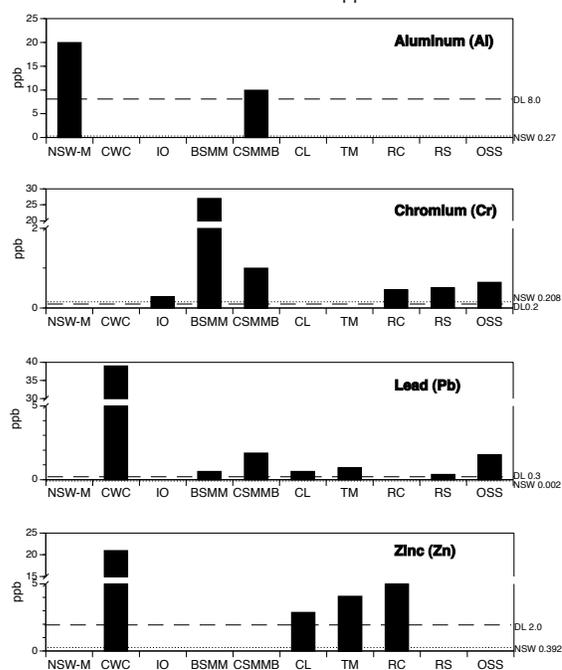


Fig. 1. Trace element values of aluminum, chromium, lead and zinc in eight synthetic sea salts, one natural sea water product and natural seawater. Dashed line on each plot show value for natural seawater. Dotted line represent the detection limit for the analysis of that element. Note broken axis for chromium, lead and zinc.

Table 2.
The Mean Concentration and Type of Distribution of Some Common Trace Elements in Seawater (ppm)

Element	Mean Concentration (ppm)	Type of Distribution
Aluminum (Al)	0.000270	mid-depth minima
Antimony (Sb)	0.000146	?
Beryllium (Be)	0.0000002	nutrient, scavenged
Cadmium (Cd)	0.000079	nutrient
Chromium (Cr)	0.000208	nutrient
Cobalt (Co)	0.000001	depleted at surface
Copper (Cu)	0.000254	nutrient, scavenged
Lead (Pb)	0.000002	high in surface waters
Manganese (Mn)	0.000027	depleted at depth
Molybdenum (Mo)	0.010	conservative
Nickel (Ni)	0.000470	nutrient
Silver (Ag)	0.0000027	nutrient, complexed
Thallium (Tl)	0.000012	conservative
Vanadium (V)	0.002	slight surface depletion
Zinc (Zn)	0.000392	nutrient

*adapted from Pilson 1998

between these levels with a total value of 73.78 ppb.

However, looking at the total amount of the trace elements in a sample does not present a complete picture of analysis. While Tropic Marin (TM) had the lowest total trace element value, it did have substantial amounts of certain elements. Eight of the fifteen trace elements tested were detectable in TM. TM had the highest amount of cadmium (0.31 ppb) which was only detected in one other sample (BSMM - 0.24 ppb). TM was also one of the few sample with detectable amounts of zinc with a value of 4.1 ppb. This zinc value was surpassed only by Red Sea (RS - 5 ppb) and Catalina Water Company (CWC - 21 ppb). The low overall total value for TM is due to the fact that it had lowest Mn value of all the SSS tested, having only roughly a third of the Mn as most of the other SSS (Table 3).

In contrast to Tropic Marin, only five of the fifteen measured elements were detected in Instant Ocean (IO) which had the second lowest total amount of trace elements. No element was found in greatest concentration in IO, and IO had the lowest amount of Mo for all samples. Furthermore, nearly 93% of the total amount of measured trace elements in IO came from just two elements: Mn at 78% and Mo with 14.6%.

The third SSS in the group with the lowest amounts of measured trace elements was Reef Crystals with a value of 32.39 ppb (Table 3). Made by the same company that manufactures IO, but designed to contain certain trace elements and minerals for reef tanks, it is not surprising that RC is close to, but slightly higher than IO, in terms of trace metal concentration. Again, like IO, RC did not contain the highest amount of any trace element for the SSS tested and slightly over 77% of the total trace elements was due to one element (Mn) with another 13% due to Mo.

The second group of SSS, Oceanic Sea Salt (OSS), Red Seas (RS) and Coralife (CL), while having a total amount of the trace elements measured lower than NSW had varying amounts of additional elements when compared to the first group of SSS. For instance, both RS and CL were two of three SSS with measurable levels of zinc and RS has the highest zinc level of all SSS tested (Table 3). OSS had one of the highest amounts of chromium (1.65 ppb) and lead (1.7 ppb) for all SSS and was the only seasalt with detectable levels of silver and thallium. However, OSS did have the lowest amount of Ni for all samples tested.

The two remaining SSS tested, CSMMB and BSMM, had slightly higher and considerably higher total amounts of measured trace elements, respectively. BSMM had a total of 361.31 ppb of trace elements and had the greatest amount of five of the twelve elements detected in all samples (Sb, Cr, Mn, Mo, and Ni). For many of these five elements, the amounts found in BSMM were

an order of magnitude higher than the next lowest SSS. CSMMB had the greatest amount of Al of all SSS tested and also had significantly higher concentrations of five other elements (Sb, Cr, Pb, Mn and Ni) compared to the other SSS besides BSMM.

Discussion

The results of this study demonstrate that the vast majority of synthetic sea salts for use in marine aquaria do not have concentrations of the trace elements examined that are substantially greater than that of the natural seawater available to the marine hobbyist. Furthermore, for some trace elements natural seawater had a greater value than some of the synthetic sea salts. Moreover, Catalina Water Company, which is a natural seawater product, had a lead value that was one to two orders of magnitude higher than other samples. It is clear that most synthetic sea salts do not add substantial amounts of trace levels to aquaria when compared to the natural seawater available to the majority of hobbyists.

However, whether this is beneficial or detrimental to the aquarium environment is not known. As previously mentioned, there are no scientific studies applicable to marine aquaria which allow one to say with a high degree of confidence that a certain amount of a particular trace element is absolutely necessary in the marine aquarium or that a constant low level of a certain element may cause a poisoning of the aquarium.

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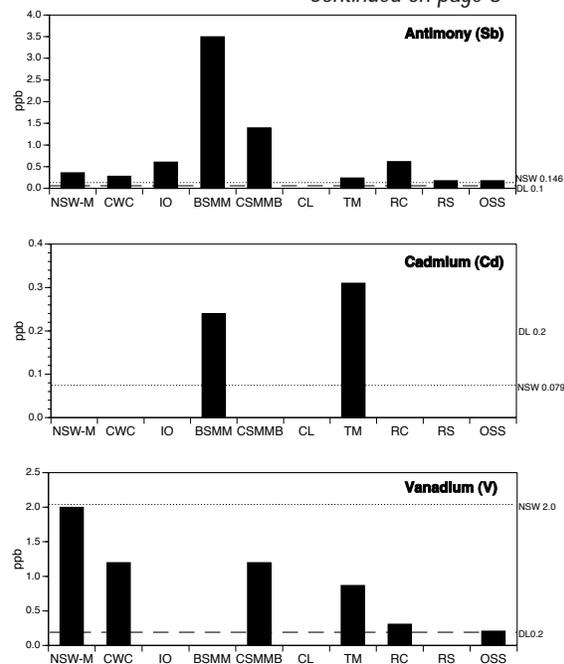


Fig. 2. Trace element values of antimony, cadmium and vanadium in eight synthetic sea salts, one natural sea water product and natural seawater. Dashed line on each plot show value for natural seawater. Dotted line represent the detection limit for the analysis of that element.

Table 3.
Determined values for 15 trace elements in seawater and several commercially available synthetic sea salts in ppb

Element	Tropic Marin (TM)	Instant Ocean (IO)	Reef Crystals (RC)	Oceanic (OSS)	Red Sea (RS)	Coralife (CL)	Natural Seawater (NSW-M)	Crystal Seas Marine Mix Bioassay (CSMMB)	Catalina Water (CWC)	BioSea Marine Mix (BSMM)	Detection Limit*	Natural Seawater**
Aluminum (Al)	ND	ND	ND	ND	ND	ND	20.0	10.0	ND	ND	8.0	0.270
Antimony (Sb)	0.24	0.61	0.62	0.18	0.18	ND	0.36	1.40	0.28	3.50	0.1	0.146
Beryllium (Be)	ND	ND	ND	ND	ND	ND	ND	ND	ND	ND	0.2	0.000
Cadmium (Cd)	0.31	ND	ND	ND	ND	ND	ND	ND	ND	0.24	0.2	0.079
Chromium (Cr)	ND	0.29	0.46	0.65	0.51	ND	ND	1.00	ND	27.0	0.2	0.208
Cobalt (Co)	ND	ND	ND	ND	ND	ND	ND	ND	ND	ND	0.1	0.001
Copper (Cu)	ND	ND	ND	ND	ND	ND	ND	ND	ND	ND	3.0	0.254
Lead (Pb)	0.82	ND	ND	1.70	0.37	0.57	ND	1.81	39.0	0.57	0.3	0.0020
Manganese (Mn)	7.50	22.0	25.0	28.50	29.0	30.0	8.0	35.0	ND	135.0	1.0	0.027
Molybdenum (Mo)	9.0	4.10	4.20	7.10	5.10	7.20	13.40	4.40	11.40	87.0	0.5	10.000
Nickel (Ni)	2.0	1.10	1.80	0.37	2.20	3.30	0.92	3.40	0.90	108.0	0.3	0.470
Silver (Ag)	ND	ND	ND	0.35	ND	ND	ND	ND	ND	ND	0.2	0.0027
Thallium (Tl)	ND	ND	ND	0.14	ND	ND	ND	ND	ND	ND	0.2	0.0120
Vanadium (V)	0.87	ND	0.31	0.21	ND	ND	2.00	1.20	1.20	ND	0.2	2.000
Zinc (Zn)	4.10	ND	ND	ND	5.0	2.90	ND	ND	21.0	ND	2.0	0.392
Total Amt. (ppb)	24.84	28.10	32.39	39.20	42.36	43.97	44.68	58.21	73.78	361.31		13.8638

*Detection Limit refers to the lowest possible detection limit within the seawater matrix and analytical procedures of the analyses

**Values for Natural Seawater are from Pilson (1998)

ND - not detected, below detection limit

This is one area in need of much research.

Conversely, while the results of toxicity studies done on fish and some corals allow one to predict that high concentrations of some trace elements would be detrimental to the aquarium environment, the results of this study show that most synthetic sea salts do not contain such dangerously high levels of trace elements for this to be a concern to the aquarist.

It must be realized that the data herein are only for one sample of each product at one time and subsequent analysis may produce different values. This could be especially acute for any natural seawater product because of biotic and abiotic environment factors such as rain, algae blooms, ship traffic off the near coast, etc. In fact, trace elements in synthetic sea salts would probably vary less over time because manufacturers of these products have more control over the raw materials used to make the product compared to the total lack of control over the natural oceanic environment.

Many of the determined trace element values for the natural seawater samples in this study were much higher than published values (Table 3). However, published values are by necessity generalizations. Actual values will vary due to locale and local factors that have to be taken into consideration. For example, Pilson (1998) noted that lead is high in surface waters most likely due to anthropomorphic reasons. There are many other potential reasons why the determined values in NSW may be much higher than average published values for NSW. First, the actual concentration of any trace element in NSW will vary considerably spatially and temporally. Furthermore, water samples taken in coastal areas and near major metropolitan areas would be expected to have elevated concentrations of many elements due to run-off, winds from the coastland, exposure to polluted air, upwelling, shipping traffic in the ocean channels off the coast, and associated factors. Plus, primary productivity can be very high in coastal areas which can affect the concentration of many trace elements as organisms consume and recycle nutrients, including trace elements, in the course of their natural life cycles.

Consider that the natural seawater sample (NSW-M) in this study was determined to have the highest amount of Al of all samples with a value of 20 ppb. This value is not as strange as it

may first seem and further illustrates the problem with relying on published general values for NSW. Pilson (1998) relates how atmospherically transported dust, rich in clays containing aluminum, may be the cause of the surface enrichment of aluminum. This could certainly be the case with the natural seawater sample in this study which was collect just beyond the surf zone off Malibu State Beach, CA.

The high values of lead and zinc in the natural seawater from Catalina Seawater Company is most likely due to fuel fumes associated with the ship collecting the seawater and the truck used to transport the collected seawater. High surface concentrations of lead in seawater have been linked to atmospherically transported lead mainly from the exhausts of automobiles and trucks (Pilson 1998).

It is perhaps natural that in discussing trace

element values in synthetic sea salts authors would want to compare values in the salts with those of natural seawater. However, that view assumes that hobbyists have access to natural seawater with trace element values that match the values in the book or paper the author is referring to. The results of this study show that this is a false assumption. Natural seawater that is available to the hobbyist comes from near shore sources and it should not be surprising that water quality in these oceanic zones differs greatly from that of more remote oceanic areas.

A question in the back of the minds of researchers is - how good are the data? For this study that means how correct is the analysis? There are several ways to check the validity of the data. A seawater reference standard with known values was run along with the samples of this test. The determined values for the reference standard were in close agreement with the known values which tells one that the analytical methods (ICP-MS and ICP-MS/DRC) were sufficiently accurate for this examination. Further support for the validity of the test analytical methods can be found by looking at some of the values for select trace elements for natural seawater. For example, one of elements tested, molybdenum is conservative and has a mean value in the ocean of 10 ppb, with a range of 9.2 to 10.5 (Table 2) (Pilson 1998). The determined values for natural seawater in this study, 11.4 to 13.4 ppb, are in close agreement with these data adding validity to the analytical procedure.

In fact, this study may be the first to analyze natural seawater samples alongside samples of synthetic sea salts. Earlier studies on trace element concentrations in SSS did not include natural seawater samples for reasons unknown. Atkinson and Bingham (1997) analyzed a number of commercial sea salts but did not actually include a seawater sample. Instead they listed values for various elements and ions in seawater.

Atkinson and Bingham (1997) included a number of sea salts in their analysis that were also included in the present study (IO, TM, RC, RS, and CL). In general, their determined values for most trace elements were much higher than the values found in this study. The most likely explanation for these differences is that the analytical method used by Atkinson and Bingham (1997) to determine trace element concentration in the sea salts was

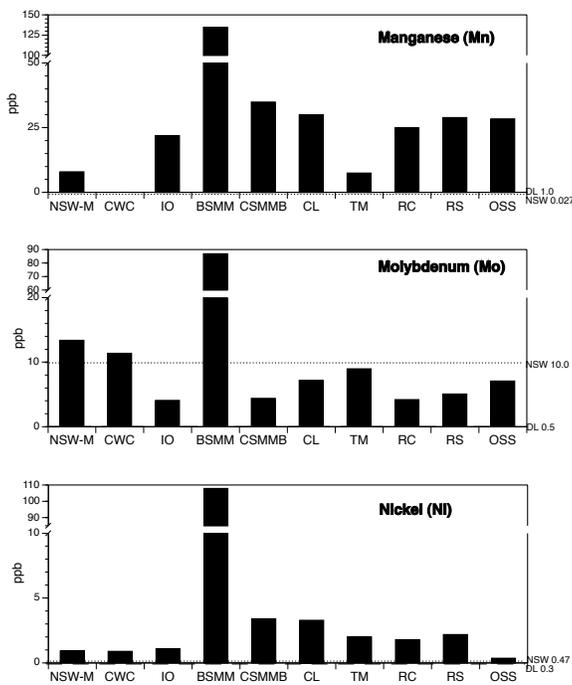


Fig. 3. Trace element values of manganese, molybdenum and nickel in eight synthetic sea salts, one natural sea water product and natural seawater. Dashed line on each plot show value for natural seawater. Dotted line represent the detection limit for the analysis of that element. Note broken axis for each element

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not sufficiently precise and was subject to interferences which caused false high readings. Atkinson and Bingham (1997) used Inductively Coupled Plasma emission spectroscopy (ICP) for their analysis. The current study used either ICP-MS or ICP-MS/DRC for the trace element analysis. These methods are more precise than ICP and can yield much better data. ICP-MS/DRC is used specifically to remove interferences associated with the masses of various elements during ICP-MS that can cause false high reading for certain elements such as chromium, copper, nickel and vanadium. Shimek (2002a) reported the analysis of a sample of Instant Ocean made with reverse osmosis/deionized (RO/DI) water for trace elements using ICP scan. His results were more like those of this study; cadmium, chromium, lead, and manganese were below the test detection limits. However, he also failed to include a natural seawater sample for comparison and the 'average' natural seawater presented were incorrect (Shimek 2002b).

The chemical analysis of trace elements is not a straightforward task. A trace element at a concentration of 1 µg/kg (1 ppb) in seawater is in a matrix of elements and compounds that total nearly 35,000,000 µg (Pilson 1998). Contamination during sampling, interference between elements, swamping of the signal for one element by another element in much greater concentration plus many other factors combine to make the analysis difficult.

In addition to the technical difficulties, the fact that many of the trace elements have a biological role such that their concentration will vary throughout the water column depending upon plankton uptake and recycling leaves one to conclude that for many non-conservative elements values will range considerably.

The concern over trace element concentrations in synthetic sea salts is due to the fact that some trace elements, also known as heavy metals, are toxic to marine organisms. However, heavy metal toxicity is a complex phenomenon, especially so in marine environments. The straightforward question of what is the toxic concentration of a specific metal is not easily answered. Furthermore, a dozen or so metals with an atomic mass over 50, including Mn, Fe, Co, Ni,

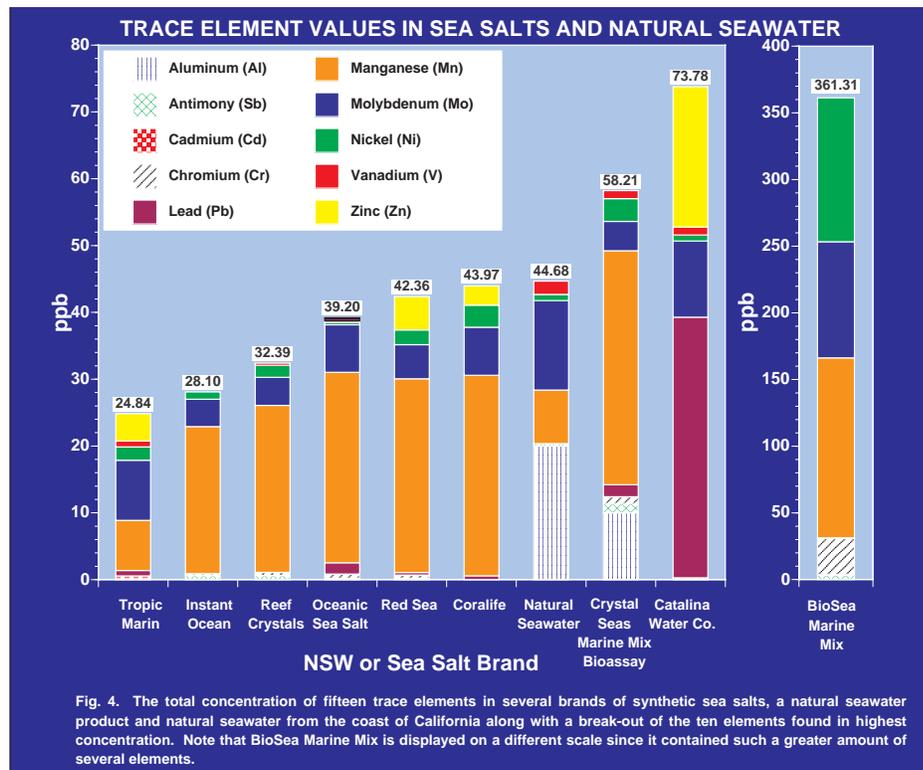


Fig. 4. The total concentration of fifteen trace elements in several brands of synthetic sea salts, a natural seawater product and natural seawater from the coast of California along with a break-out of the ten elements found in highest concentration. Note that BioSea Marine Mix is displayed on a different scale since it contained such a greater amount of several elements.

Cu, Zn and Cd, have known biological roles (Morel and Price 2003). In fact, the surface depletion of most trace metals is due to uptake by plankton (Morel and Price 2003). This leads to the situation where the concentration of many trace metals is orders of magnitude greater in the plankton compared to the water in which the plankton live. Trace metals can also be transferred and concentrated in the body of organisms at different trophic levels in the marine food web (Twining and Fisher 2004).

Three other major factors that confound efforts to determine actual toxicity levels of many heavy metals are solubility, speciation and chelation. The analytically determined value of any heavy metal may not equate to the actual amount of the metal available, either for nutritional purposes or toxic effects, in the seawater environment. Pilson (1998) states that it is known that some metals, such as Fe, Co, Cu and Zn, are quite strongly complexed with organic matter in seawater and provides a detailed example, using Cu, of how toxicity is affected by this interaction. Briefly, studies have shown that the toxicity of copper is due to the concentration or activity of the free copper ion in solution. However, it has been calculated that about 90% of the copper ion in seawater (at 15°C and normal pH) is complexed mostly with carbonate and some hydroxyl ions. Taking into account the activity coefficient of the copper ion, Pilson calculates that only 2% of the actual Cu concentration is in the free (toxic) form.

Morel and Price (2003) state that for metals such as Fe, Co, Cu, Zn and Cd the bulk of the dissolved concentration in seawater is present in the nonreactive (nontoxic) form at the ocean surface. The working theory is that this is due to the metals being bound to some strong unknown ligands (or binding molecule) with a small fraction of the metals being colloidal. These putative ligands, or chelators, some of which have been shown to be from biogenic sources are presumed to detoxify the metals and possibly assist with metal transport and sequestration (Morel and Price 2003).

In summary, trace element testing and toxicity are complex and many factors must be considered besides

just a hard to determine analytical value. However, this study demonstrated several important conclusions in regards to comparing synthetic sea salts to natural seawater that should be of major importance to marine aquarists:

- 1) most synthetic sea salts do not have high levels of many trace elements,
- 2) natural seawater is not automatically a safe alternative to synthetic sea salts when it comes to comparing amounts of trace elements in the two solutions,
- 3) past comparisons of synthetic sea salts to natural seawater are flawed because they compared synthetic sea salts to a hypothetical natural seawater that is not available to the majority of marine hobbyists, and
- 4) synthetic sea salts are quite acceptable for long-term use in marine aquaria when considered from the viewpoint of not adding detrimental concentrations of trace elements to the system.

Acknowledgments

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